

# Infektfrei

*Was Sie tun müssen*

*Viren werden durch Lysozym abgewehrt*

# UND UMGEKEHRT

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## Influenza Virus Inhibits Lysozyme Secretion by Sputum Neutrophils in Subjects with Chronic Bronchial Sepsis

GERALD PANG , ROBERT CLANCY , MA CONG , MARIA ORTEGA , REN ZHIGANG , and GLEN REEVES



570



24

<https://doi.org/10.1164/ajrccm.161.3.9812047>

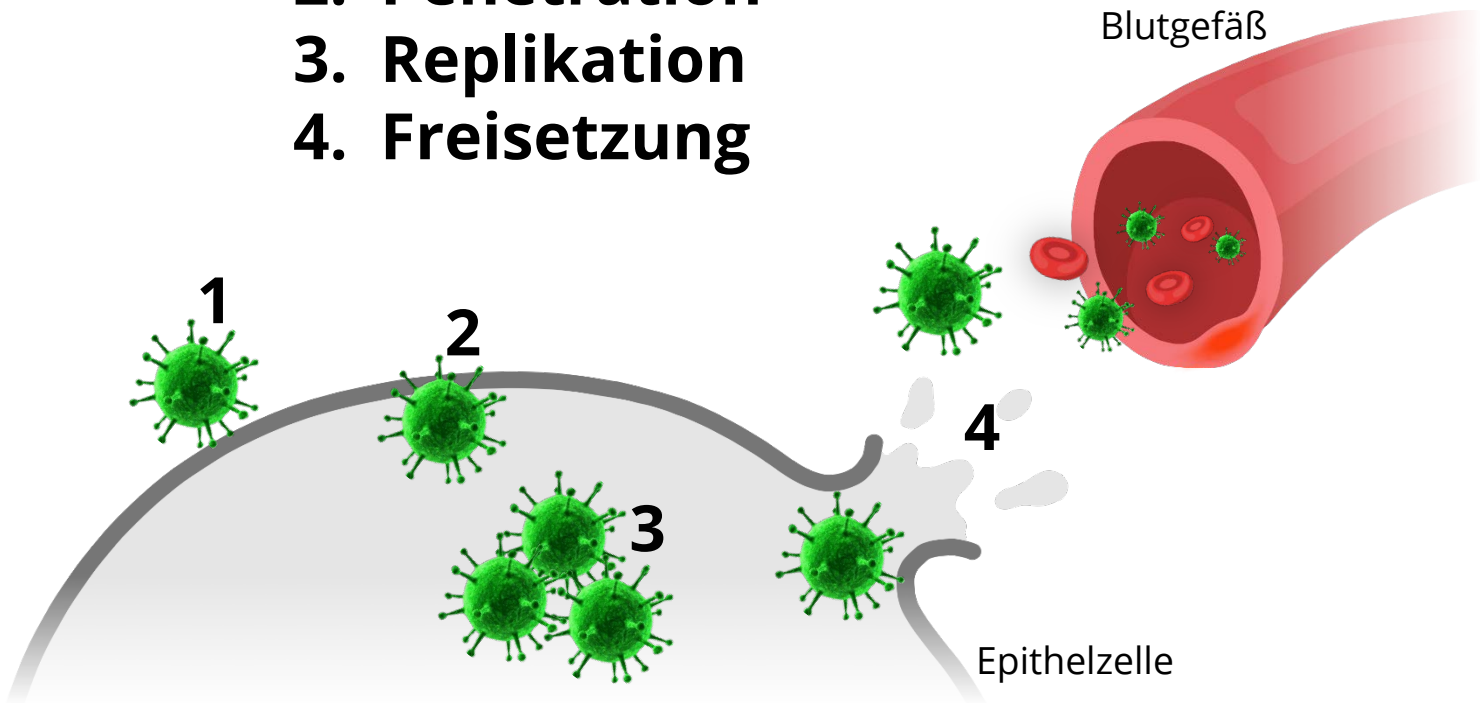
**PubMed:** [10712313](https://pubmed.ncbi.nlm.nih.gov/10712313/)

Received: December 07, 1998

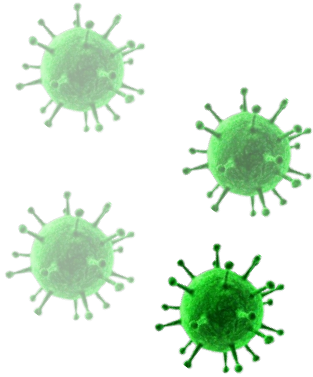
# Grundprinzip

## **VIRALE INFEKTION**

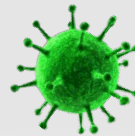
- 1. Adhäsion**
- 2. Penetration**
- 3. Replikation**
- 4. Freisetzung**



*Abwehr direkt an der*  
**SCHLEIMHAUT**



**Adhäsion**



**Penetration**

*Schleimhautzelle*

# InnovaSpray IMMUN

*Bringt Lysozym direkt  
an die Schleimhaut*



## BASIS PAKET



### InnovaMulsin D3

*Optimale Aufnahme von  
Vitamin D3 als Mulsin*



# IMMUNSYSTEM BEWEGUNG SPORT



*Die Effekte von Sport*

# **INDOOR vs. OUTDOOR**

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Research Article

## **The effect of environmental factors and physical activity on emotions and attention while walking and jogging**

Ke-Tsung Han 

Published online: 27 Jul 2020



*Die Effekte von Sport*

# INDOOR vs. OUTDOOR

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## The Effects of Green Exercise on Physical and Mental Wellbeing: A Systematic Review

by  Ian Lahart <sup>1</sup>,  Patricia Darcy <sup>2</sup> ,  Christopher Gidlow <sup>2</sup>  and  Giovanna Calogiuri <sup>3,\*</sup>  

<sup>1</sup> Faculty of Education Health & Wellbeing, University of Wolverhampton, Walsall WS1 3BD, UK

<sup>2</sup> Centre for Health and Development, Staffordshire University, Stoke-on-Trent ST4 2DF, UK

<sup>3</sup> Faculty of Social and Health Sciences, Inland Norway University of Applied Sciences, Postboks 400 2418 Elverum, Norway

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*Int. J. Environ. Res. Public Health* **2019**, *16*(8), 1352; <https://doi.org/10.3390/ijerph16081352>

Received: 19 March 2019 / Revised: 3 April 2019 / Accepted: 12 April 2019 / Published: 15 April 2019



# InnovaSpray IMMUN

*Bringt Lysozym direkt  
an die Schleimhaut*



## InnovaImmuno C

*Optimale Versorgung mit  
Vitamin C und Zink*

# PLUS PAKET

## InnovaMulsin D3

*Optimale Aufnahme von  
Vitamin D3 als Mulsin*






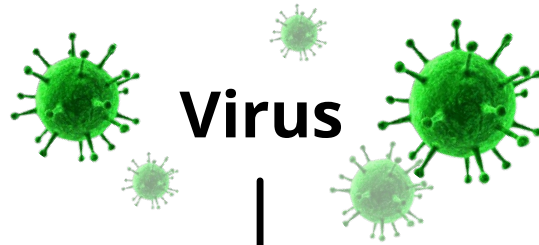
# *SARS-CoV-2 Infektion beeinflusst von* **BROMELAIN**

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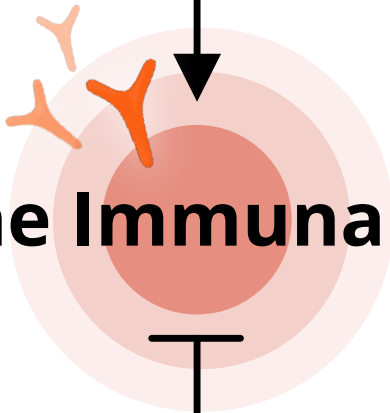
## **Bromelain Inhibits SARS-CoV-2 Infection in VeroE6 Cells**

Satish Sagar, Ashok Kumar Rathinavel, William E. Lutz, Lucas R. Struble, Surender Khurana, Andy T Schnaubelt, Nitish Kumar Mishra, Chittibabu Guda, Mara J. Broadhurst, St. Patrick M. Reid, Kenneth W. Bayles, Gloria E. O. Borgstahl,  Prakash Radhakrishnan

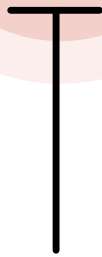
**doi:** <https://doi.org/10.1101/2020.09.16.297366>



**Virus**



**Chronische Immunaktivierung**

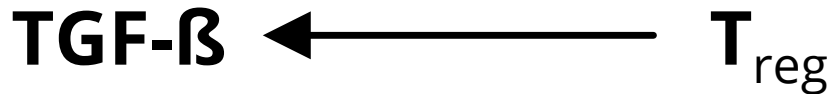


**TGF- $\beta$**



**Enzyme  
regulieren ...**





Antientzündliches Cytokin

+

TH<sub>1</sub> ↓

−

Geringeres Risiko einer Überreaktion des Immunsystems

TH<sub>2</sub> ↑

Schutz vor bakterieller Superinfektion

Weniger Gewebeschäden

+

# InnovaSpray IMMUN

*Bringt Lysozym direkt  
an die Schleimhaut*



## Innovazym PLUS

*Optimale Rundum-Versorgung  
mit Enzymen, Vitaminen,  
Omega-3 Fettsäuren und  
Spurenelementen*



## PREMIUM PAKET

## InnovaMulsin D3

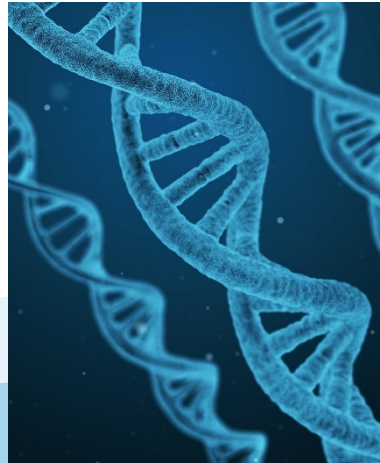
*Optimale Aufnahme von  
Vitamin D3 als Mulsin*



*Coming soon ...*

# **Weitere Webinare zur ENZYMOTHERAPIE**

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**Onkologie**  
**26. April 2021**